



# SHIFT

## youth

In Scripture, we see that age didn't stop the work God had planned for His people. Students, explore these stories as you work to see how God is calling you to participate in His plans. During SHIFT we are encouraging you to: pray dependently, give sacrificially, and influence joyfully. Don't discount the work God is doing in you and through you during this season.

# WEEK ONE



## David & Goliath

### BIBLE STORY

1 Samuel 17:1-50

### DISCUSSION QUESTIONS

- What was the Israelites' response to fighting Goliath?
- How did David's trust in God help him do something that seemed impossible?
- When something is hard in your life, do you act more like the Israelites or David? Why?
- What "giant" are you facing right now? How can you trust God with it?

### NEXT STEP

Think of a "giant" you're facing in your life right now (a fear, struggle, or challenge). Write down two lies you're tempted to believe about it. Then, next to each, write a truth from God's Word that speaks against that lie. Pray dependently to trust God's word in that area of your life.

# WEEK TWO



## **Samuel**

### **BIBLE STORY**

1 Samuel 3:1-10

### **DISCUSSION QUESTIONS**

- What does verse 1 say Samuel was doing before He heard God speaking to him?
- In verse 10, how did Samuel respond to God's voice?
- What distracts you from listening to God?
- In what ways can you listen to God over your distractions?

### **NEXT STEP**

Take the time you would normally spend this week on a distraction (like your phone, video games, or TV) and use it for prayer. Sacrifice some of your free time to focus on your relationship with Jesus. What other sacrifices might God be asking you to make?

# WEEK THREE



## **Josiah**

### **BIBLE STORY**

2 Kings 22:1-2; 23:1-3

### **DISCUSSION QUESTIONS**

- What made Josiah a good leader, even though he was young?
- Why did Josiah care so much about reading God's Word?
- What happened to Josiah's people when he made a covenant to carry out all of the commandments of God's Word?
- How can you lead first in following God's Word with your family, school, or church?

### **NEXT STEP**

Be a leader in reading your Bible. Get a couple of friends together, read with your family, teammates or connection group. Give your time sacrificially to studying God's Word.

# WEEK FOUR



## **Daniel and His Friends**

### **BIBLE STORY**

Daniel 1:1-20

### **DISCUSSION QUESTIONS**

- What did Daniel and his friends choose to do instead of eating the king's food?
- Why did Daniel and his friends make different choices than everyone else?
- In verses 17-20, how did God reward the men who chose to not defile themselves?
- In what ways can it be hard to do the right thing even when everyone else is doing something different?
- How can you choose to stand strong in faith?

### **NEXT STEP**

Pick one thing you will sacrifice like Daniel did as you “stand strong” this week. Read Daniel 3 and discuss how Daniel and his friends stood strong in their faith, even when it meant sacrificing their reputation (or even lives)! What else might you be willing to go without, to put towards SHIFT?

# WEEK FIVE



## **The Boy with the Loaves and Fishes**

### **BIBLE STORY**

John 6:1-14

### **DISCUSSION QUESTIONS**

- Why were the disciples concerned about feeding the five thousand?
- How did Jesus turn a little into a lot?
- How does knowing that God can do a lot with a little give you comfort?
- What is a small thing you can do today that might make a big difference?

### **NEXT STEP**

What small talent, treasure or possession do you have that you might sell or use to give financially back to Keystone. God can use your small offering for real kingdom impact.

# WEEK SIX



## **Jesus and the Children**

### **BIBLE STORY**

Matthew 19:13–15; Mark 10:13–16

### **DISCUSSION QUESTIONS**

- What was the disciples' response to the little children coming to Jesus?
- Why did Jesus want the children to come to Him?
- What does this show you about how Jesus sees you?
- How can you help younger kids know they're loved by God?

### **NEXT STEP**

Influence joyfully- do something for a younger child, play a game with them, help them with a chore, or volunteer in a classroom. Share the gospel with them so that they might come to know Jesus too.



WE'RE ALL  
ABOUT IT

**keystone  
youth**